

Jeffrey A. Westerfield, MD, MBA

Education

Sports Medicine Fellowship , American Sports Medicine Institute, Birmingham, AL	2013 - 2014
Family Medicine Residency , Emory University School of Medicine, Atlanta, GA	2010 - 2013
National Honors: AMSSM Resident Scholarship Award	
MD, Doctor of Medicine , Ross University School of Medicine, Dominica, WI	2006 - 2010
MA, Masters Business Administration , University of LaVerne, CA	1993 - 1995
BA, History and Criticism of Art , Florida State University, FL and Florence, Italy	1987 - 1990

Professional Experience

Sports Medicine Physician

Florida Orthopaedic Institute, Tampa, FL 2014 - current
Clinic based sports medicine and musculoskeletal practice with extensive use of ultrasound for intra-articular injections of steroids, visco-supplementation, PRP and regenerative stem cells.

Sports Medicine Physician

Andrews Sports Medicine, Birmingham, AL 2013 – 2014
Sports medicine fellowship training with additional responsibilities as Team Physician that included sideline and training room coverage of high school, collegiate, and professional sports.

Rural ER / Family Medicine Physician

Kanakanak Hospital, Dillingham, AK 2013
Coverage of ER, OB deliveries, inpatient, walk-in clinic and phone/video consults for 28-fishing villages.

Family Medicine Physician

Emory University School of Medicine, Atlanta, GA 2010 – 2013
Residency training with coverage of family medicine clinic, hospital admissions, ER and OB service.

Lead Instructor - Advanced Wilderness Life Support (AWLS)

Emory University, Madigan Army Hospital 2010 - 2012
Provide training in austere pre-hospital trauma and expedition medicine for U.S. military (Ft Lewis, WA), Atlanta SWAT EMS, Emory medical/PA/NP students, residents (ER, FP) and practicing clinicians.

Speaker - Medical Education

The Peer Group, Neo Health 1996 - 2010
National moderator/speaker for 1000+ medical marketing programs with topics including: IBS, GERD, Insomnia, MDD/GAD, migraine, anti-emesis, hyperlipidemia, asthma, COPD, ED.
Clients: Sepracor, AstraZeneca, GlaxoSmithKline, Novartis, Forest Labs, Bayer, and Pfizer

TV Show Host

Fox Sports Net / Mobile Mammal Productions 2001 - 2002
Adventure Racing Diaries TV series featuring ultra-endurance athletes in events around the globe.

Captain, Team Powerade USA

The Coca-Cola Company / Powerade 1999 - 2002
Sponsored athlete competing worldwide in ultra-endurance, wilderness & multi-sport competitions

Helicopter Pilot – Chief Warrant Officer

U.S. Army / U.S. Coast Guard 1985 - 1995
Active duty and reserve component service as a NCO, Cadet, and Commissioned Officer.
Medivac pilot, Air Cavalry/Air Attack combat helicopter instructor at the U.S. National Training Center.

Sideline / Training Room Coverage

Georgia Institute of Technology, NCAA Div 1 Football
Troy University, NCAA Div I Football
Atlanta Xplosion, IWFL, Women's Pro Football
Atlanta Dream, WNBA, Women's Pro Basketball
Birmingham Southern College, NCAA Div 3 Basketball
Samford University, Div1AA/FCS Basketball
Birmingham Barons, AA affiliate Chicago White Sox baseball
Atlanta Rollergirls, WFTDA, Roller Derby
Publix Marathon & 1/2-Marathon, (18k+ runners)
USA Tae Kwon Do (USOC sanctioned)
MMA Ringside Physician

Pre-Participation Physical

University of Tampa
Georgia Institute of Technology
Auburn University
Troy University
University of West Alabama
Tuskegee University
Samford University
Emory University
Agnes Scott College
Birmingham Ballet

Lectures / Presentations: Sports and Wilderness Medicine

Nutrition and the Aging Adult
Female Athlete Triad
High Velocity Sports Injuries: First Responder Stabilization and Transport
Medical Kits: Staying Ahead of Murphy's Law - Football Sidelines to the Mountain Basecamp
Thermal Injuries: Hyperthermia to Frostbite - Review of Prevention and Treatment
Magical Healing Power of Duct Tape: Lessons in Medical Improvisation in Austere Environments
Survive a Bear Attack: Case Studies in North American Brown and Black Bear Encounters
Bites and Stings: Wilderness Based Review of Wound Care, Anaphylaxis, and Envenomation
Top-12 Land and Marine Envenomations in the U.S.

Professional Associations

American Academy of Family Physicians
American Medical Society for Sports Medicine
Wilderness Medical Society

Personal Interest

Hiking/Trekking: 800-miles on Appalachian Trail
Kayaking, Open Ocean Surf Ski
Alpine/Glacier Climbing
New Zealand: Mt Cook, Tasman Glacier
North America: Mt Ranier, WA, Mt Hood, OR, Mt Whitney, CA
South America: Aconcagua, Tronador (Patagonia)
Africa: Kilimanjaro