

# Questions to ask your doctor about bicep tenodesis

1. How will I know if I need surgery?
2. Are there alternatives to bicep tenodesis surgery?
3. What happens during bicep tenodesis surgery?
4. How long will the surgery last?
5. Will the surgery be outpatient or in a hospital? If in a hospital, how long will I have to stay?
6. Are there any possible complications?
7. Will I need physical therapy?
8. How long before I can return to normal activities?
9. Is there anything I won't be able to do after surgery?



**Appointment line**  
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