

Questions to ask your doctor about meniscus tears

1. What Is a meniscus tear?
2. What are the different types of meniscus tears?
3. What are my treatment options?
4. Can a meniscus tear heal on its own?
5. What happens if I don't get surgery?
6. How do I know if I need surgery?
7. Will I need an MRI?
8. Can my tear be repaired arthroscopically?
9. Will I need physical therapy after surgery?
10. Will I need to wear a brace or cast?
11. What else will aid my recovery?
12. What is the recovery time?



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