

# 10 questions to ask your doctor about total ankle replacements

1. **What is a total ankle replacement? Is it the same as a total ankle arthroplasty?**
2. **What is your experience with this procedure?**
3. **What causes ankle arthritis?**
4. **Are there non-surgical alternatives to ankle replacement?**
5. **What are the differences between a total ankle replacement and an ankle fusion?**
6. **What are the benefits of a total ankle replacement over an ankle fusion?**
7. **Can you explain the steps of the surgery in detail?**
8. **How long is the initial recovery? How soon will I be able to drive?**
9. **Can this operation be done on an outpatient basis?**
10. **Are there different types of replacements? Which ones do you recommend and why?**



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