
Holden Heitner MD

Hand/Upper Extremity Orthopedic Surgeon

All Florida Orthopedic
4600 4th Street North
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Clinical Practice Interest

Special interest in upper extremity elective surgery, trauma, and arthroplasty

Board Certification

ABOS Eligible Surgeon

State Licensure

Florida: License number 143858

Expiration 01/31/26

EXPERIENCE

All Florida Orthopedics- *Orthopedic Shoulder to Hand Surgeon*

August 2021- present

- Hand Trauma Call at Level II Bayfront Medical Center and St. Anthony Hospital
- Elective shoulder to hand practice
 - Carpal tunnel syndromes, tendon repair, arterial repair, all upper extremity fractures and dislocations, rotator cuff repair and shoulder arthroplasty
- Privileges at Bayfront Medical Center, St. Anthony Hospital, and multiple HCA facilities within St. Petersburg.

Florida Orthopedic Institute, Tampa FL- *Hand/Upper Extremity Fellow*

July 2020 - August 2021

- Training with multiple Hand certified Orthopedic surgeons at Level 1 trauma center

Practice to encompass complex upper extremity trauma and elective procedures

North Country Orthopaedic Group, Watertown NY- *Orthopedic Attending*

July 2019 - July 2020

- Practiced General Orthopedics with special interest in complex hand while taking General Call
- Privileges at Samaritan Health Hospital and practice owned ambulatory surgery center
- Completed approximately 400 procedures during first year of practice ranging from endoscopic carpal tunnel release to complex proximal/distal humerus fractures and tendon repair(chronic and acute) to hip/knee/shoulder arthroplasty

SUNY Upstate Medical University, Syracuse NY- *Orthopedic Resident*

July 2014 - June 2019

- Completed 5 years of Orthopedic Residency at Level 1 trauma Center with well established Academic and private practice

EDUCATION

SUNY Upstate Medical University, Syracuse NY - *Medical Degree*

September 2010 - June 2014

University of Michigan, Ann Arbor MI - *Bachelor of Science*

September 2010 - June 2014

- Major in Economics with Pre-medicine courses

Publications/Research

- Biomechanical Evaluation of Distal Radioulnar Joint Instability and Adams Procedure
 - Accepted for Publication by Journal of Hand Surgery on 05/19/2020
 - Accepted for presentation at 2020 ORS
- Quantification of thermal spread and burst pressure after endoscopic vessel harvesting: A comparison of 2 commercially available devices. Rojas-Pena, Alvaro; Koch, Kelly L.; Heitner, Holden D.; Hall,

Candice M.; Bergin, Ingrid L.; Cook, Keith E. *The Journal of Thoracic and Cardiovascular Surgery* vol. 142 issue 1 July, 2011. p. 203-208

Society Membership

American Society for Surgery of the Hand- *Member*

August 2018 - PRESENT

American Academy of Orthopedic Surgeons- *Member*

July 2019 - PRESENT

Presentations

Upstate Orthopedic Grand Rounds- *Orthopedic Resident*

- April 2019 Young Glenohumeral Arthritis Part 2
- December 2019 Young Glenohumeral Arthritis Part 1
- June 2018 Outpatient Arthroplasty
- January 2018 Radial Head Arthroplasty
- May 2017 Complex Proximal Humerus fractures
- August 2016 Multidirectional Shoulder Instability
- January 2016 Radial Nerve Tendon Transfers