

# William C. Cottrell, M.D.

## ADDRESS

430 Morton Plant Street, Ste. 301  
Clearwater, Florida 33756  
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## PROFESSIONAL EXPERIENCE

June 2003 - present :  
Orthopaedic Associates of West Florida  
430 Morton Plant Street, Ste. 301  
Clearwater, Florida 33756  
(727) 461-6026

August 2002 – June 2003 :  
Orthopedic Associates of Tampa  
Tampa, Florida 33614

## EDUCATION

Fellowship, Orthopaedic Sports Medicine and Arthroscopy, American Sports Medicine Institute,  
Birmingham, Alabama, 2001-2002  
Residency, Orthopaedic Surgery, University of South Alabama Medical Center,  
Mobile, Alabama, 1996-2001  
Internship, General Surgery, Orlando Regional Medical Center, Orlando, Florida, 1995-1996  
M.D., University of Florida College of Medicine, Gainesville, Florida, 1995  
B.S., University of Florida, Gainesville, Florida, 1990

## PROFESSIONAL ORGANIZATIONS

Arthroscopy Association of North America  
American Academy of Orthopaedic Surgeons  
Florida Medical Association  
Alabama Orthopaedic Society, resident member, 1996-2002  
American Medical Association

## RESEARCH/PUBLICATIONS

Brogden B, Cottrell W, Nimityongskul P, Takhtani D. "A Bullet-Sired Bone Cyst" *Skeletal Radiology*.  
2006 June.  
Cottrell W, Lunseth P. "Rotator Cuff Tendinopathy – Causes and Treatment" *Journal of Special  
Operations Medicine*, Vol. 3, Edition 4/Fall 03  
Cottrell W, Lemak L. "Sports Injuries and Arthritis" National Center for Sports Safety Website,  
[www.sportssafety.org](http://www.sportssafety.org)  
Cottrell W, Pearsall A. "Simultaneous Tears of the Achilles Tendon and Medial Head of the  
Gastrocnemius Muscle." *Orthopedics*. 2002 Jun;25(6):685-7.  
Cottrell W, Nimityongskul P. "Case Report: Compartment Syndrome of the Upper Arm in a Child with  
Sickle Cell Disease Following Routine Childhood Immunization" (3<sup>rd</sup> place winner, resident  
essay contest, Alabama Orthopaedic Society Annual Meeting, Point Clear, Alabama, May 2,  
1999)  
Rarey, et al. *Human Anatomy*. (cadaveric dissection) Gold Standard Multimedia, 1994

## PRESENTATIONS

"Indications for Knee Surgery." CME Lecture, Morton Plant Hospital, Clearwater, Florida, May 2, 2023  
"Prevention of ACL Injuries in the Young Athlete." Baycare Sports Medicine Conference, St. Petersburg,  
Florida, August 9, 2014  
"Stress Fractures in Runners." Community lecture, St. Petersburg, Florida, February 2, 2013  
"Occupational Shoulder Injuries." Workmans Compensation lecture, Tampa, Florida, February 11, 2011  
"Shoulder Pain." Community lecture, St. Petersburg, Florida, March 27, 2008  
"Rotator Cuff," CME Lecture, Morton Plant Hospital, Clearwater, Florida, October 12, 2004

“Shoulder Pain.” Community lecture, St. Petersburg, Florida, March 10, 2004  
“Shoulder Pain.” Community lecture. Health Source, University Community Health, Tampa, Florida, March 24, 2003  
“Thermal Capsulorrhaphy and Rotator Interval Closure: A Cadaveric Study.” Sports Medicine Conference, American Sports Medicine Institute, Birmingham, Alabama, July 19, 2002  
“Adhesive Capsulitis.” Sports Medicine Conference, American Sports Medicine Institute, Birmingham, Alabama, July 12, 2002  
“Stress Fractures of the Lower Extremity.” Sports Medicine Conference, American Sports Medicine Institute, Birmingham, Alabama, April 26, 2002  
“Arthroscopic Acromioplasty: Indications and Technique.” Sports Medicine Conference, American Sports Medicine Institute, Birmingham, Alabama, November 2, 2001  
“Revision Total Hip Arthroplasty.” Grand Rounds, Department of Orthopaedics, University of South Alabama, March 30, 2001  
“Evaluation of the Painful Adult Hip.” Grand Rounds, Department of Orthopaedics, University of South Alabama, September 1, 2000  
“The Tumbling Bullet Sign Revisited: Unicameral Bone Cyst Following Gunshot Wound to the Proximal Tibia.” Alabama Orthopaedic Society Annual Meeting, Orange Beach, Alabama, May 12-14, 2000  
“Case Report: Simultaneous Tears of the Achilles Tendon and Medial Head of the Gastrocnemius Muscle.” Alabama Orthopaedic Society Annual Meeting, Orange Beach, Alabama, May 12-14, 2000  
“The Green-Banks Tendon Transfer in Children with Neuromuscular Disease.” Alabama Orthopaedic Society Annual Meeting, Orange Beach, Alabama, May 12-14, 2000  
“Evaluation and Management of Benign Bone Tumors.” Grand Rounds, Department of Orthopaedics, University of South Alabama, March 3, 2000  
“Rotator Cuff Disease and Arthroscopy.” Grand Rounds, Department of Orthopaedics, University of South Alabama, December 3, 1999  
“Congenital Hand Deformities.” Grand Rounds, Department of Orthopaedics, Children’s Hospital, New Orleans, Louisiana, September 17, 1999  
“Coxa Vara.” Grand Rounds, Department of Orthopaedics, Children’s Hospital, New Orleans, Louisiana, August 20, 1999  
“Pediatric Musculoskeletal Sepsis.” Grand Rounds, Department of Orthopaedics, Children’s Hospital, New Orleans, Louisiana, July 16, 1999  
“Case Report: Compartment Syndrome of the Upper Arm in a Child with Sickle Cell Disease Following Routine Childhood Immunization.” Alabama Orthopaedic Society Annual Meeting, Point Clear, Alabama, May 2, 1999  
“Coxa Vara. Correction by Tension Band Wiring – A Simple Method.” Alabama Orthopaedic Society Annual Meeting, Point Clear, Alabama, April 30, 1999  
“Case Report: Chondromyxoid Fibroma of the Proximal Femur Treated with Structural Allograft and Intramedullary Nailing - A Long-term Follow-up.” Alabama Orthopaedic Society Annual Meeting, Orange Beach, Alabama, May 3, 1998

#### **SPORTS COVERAGE**

Team Physician, Pinellas Park High School, 2004-2021  
Event Physician, AVP Tampa Open Professional Volleyball Tournament, Tampa, Florida, 2007  
Local Orthopaedic Consultant, NFL Europe League, 2002-2007  
Team Physician, Tampa Bay Tech High School, 2002

#### **FOREIGN LANGUAGES**

Spanish (fluent)

#### **LICENSURE**

Florida (ME79229)

#### **CERTIFICATIONS**

American Board of Orthopaedic Surgery, July 2004  
AO/ASIF (Basic Course), August 1998  
NBME Part 3, December 1995